



Whole Cooked All Natural
ORGANIC
PEI MUSSELS



Discover the
Island Blue[®]
Difference!





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What could be more natural than the clean fresh taste of natural mussels steamed in their own juices, with nothing added – this is the ultimate mussel experience. Sweet plump mussel meats steamed right in their own pure juices – perfect for dipping in butter, or your favourite sauce.

Specifications

SIZE	1lb (454g)
MASTER	10/11lb (10/454g)
GROSS WT	12lb (5.45kg)
NET WT	10lb (4.54kg)
COUNTRY OF ORIGIN	Canada
METHOD OF PRODUCTION	Rope-grown

SPECIES	Mytilus Edulis
UPC	7 7769600140 5
CASE	13" x 8.25" x 11"
DIMENSIONS	33cm x 21cm x 28cm

RE-HEATING OPTIONS:

- Boil-in-bag
- Microwave
- Sauce Pan

Retail
Package



Nutrition Facts Valeur nutritive

Per 1 package (454g/168g edible portion)
par 1 paquet (454g/168g de portion comestible)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 180	
Fat / Lipides 4 g	6 %
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 95 mg	
Sodium / Sodium 690 mg	29 %
Carbohydrates / Glucides 6 g	2 %
Fiber / Fibres 0 g	0 %
Sugars / Sucres 5 g	
Protein / Protéines 27 g	
Vitamin A / Vitamine A	15 %
Vitamin C / Vitamine C	15 %
Calcium / Calcium	8 %
Iron / Fer	20 %

INGREDIENTS: Mussels (Farm Raised).
CONTAINS: Mussels.

INGRÉDIENTS : Moules (produit d'aquaculture).
CONTIENT : Moules.