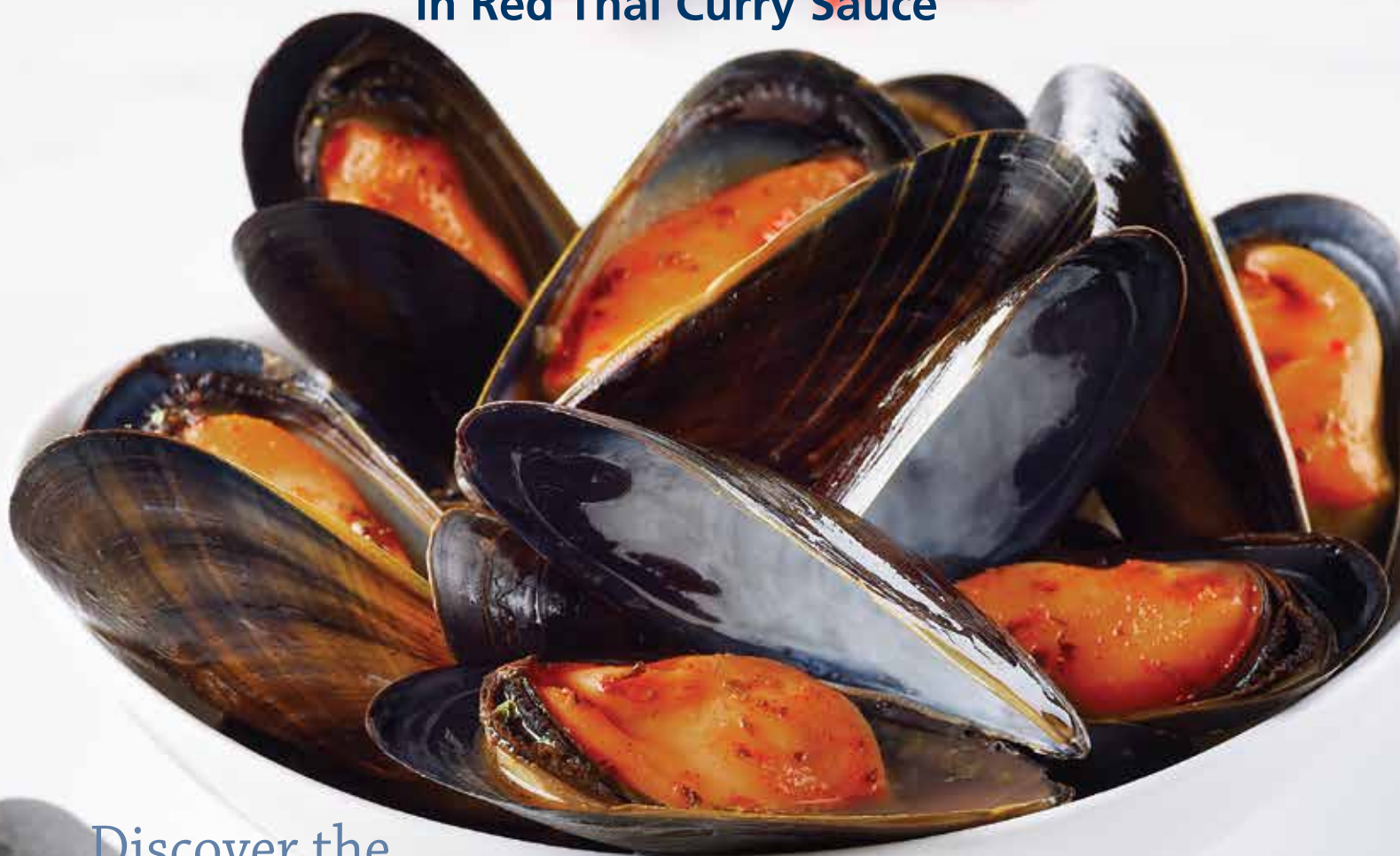




Whole Cooked All Natural

PEI MUSSELS

in Red Thai Curry Sauce



Discover the
Island Blue[®]
Difference!





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Turn up the heat – Asian style with plump and tasty Island Blue® Mussels in our exotic red curry sauce. If you haven't experienced the magic of red curry, then you're in for a spicy treat! You'll love the distinctive notes of curry infused with chili, cayenne, and just a hint of ginger.

Specifications

SIZE	1lb (454g)	SPECIES	Mytilus Edulis
MASTER	10/11lb (10/454g)	UPC	777696001245
GROSS WT	12lb (5.45kg)	CASE	13" x 8.25" x 11"
NET WT	10lb (4.54kg)	DIMENSIONS	33cm x 21cm x 28cm
COUNTRY OF ORIGIN	Canada		
METHOD OF PRODUCTION	Rope-grown		

RE-HEATING OPTIONS:

- Boil-in-bag
- Microwave
- Sauce Pan

Retail
Package



Nutrition Facts

Serving Size 1 package (454g/211g
edible portion)
Servings Per Container 1

Amount Per Serving

	Calories 270	Calories from Fat 40	% Daily Value *
Total Fat	4.5g		7%
Saturated Fat	1g		5%
Trans Fat	0g		
Cholesterol	85mg		28%
Sodium	1070mg		44%
Total Carbohydrates	29g		10%
Dietary Fiber	2g		8%
Sugars	18g		
Protein	27g		

Vitamin A 30% • Vitamin C 15%
Calcium 20% • Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: Mussels (Farm Raised), water, whey powder, non-fat dry milk, cornstarch, evaporated cane syrup, spice, paprika, sea salt, natural flavor, dehydrated red bell pepper, guar gum, dehydrated garlic, mustard, salt.
CONTAINS: Milk.