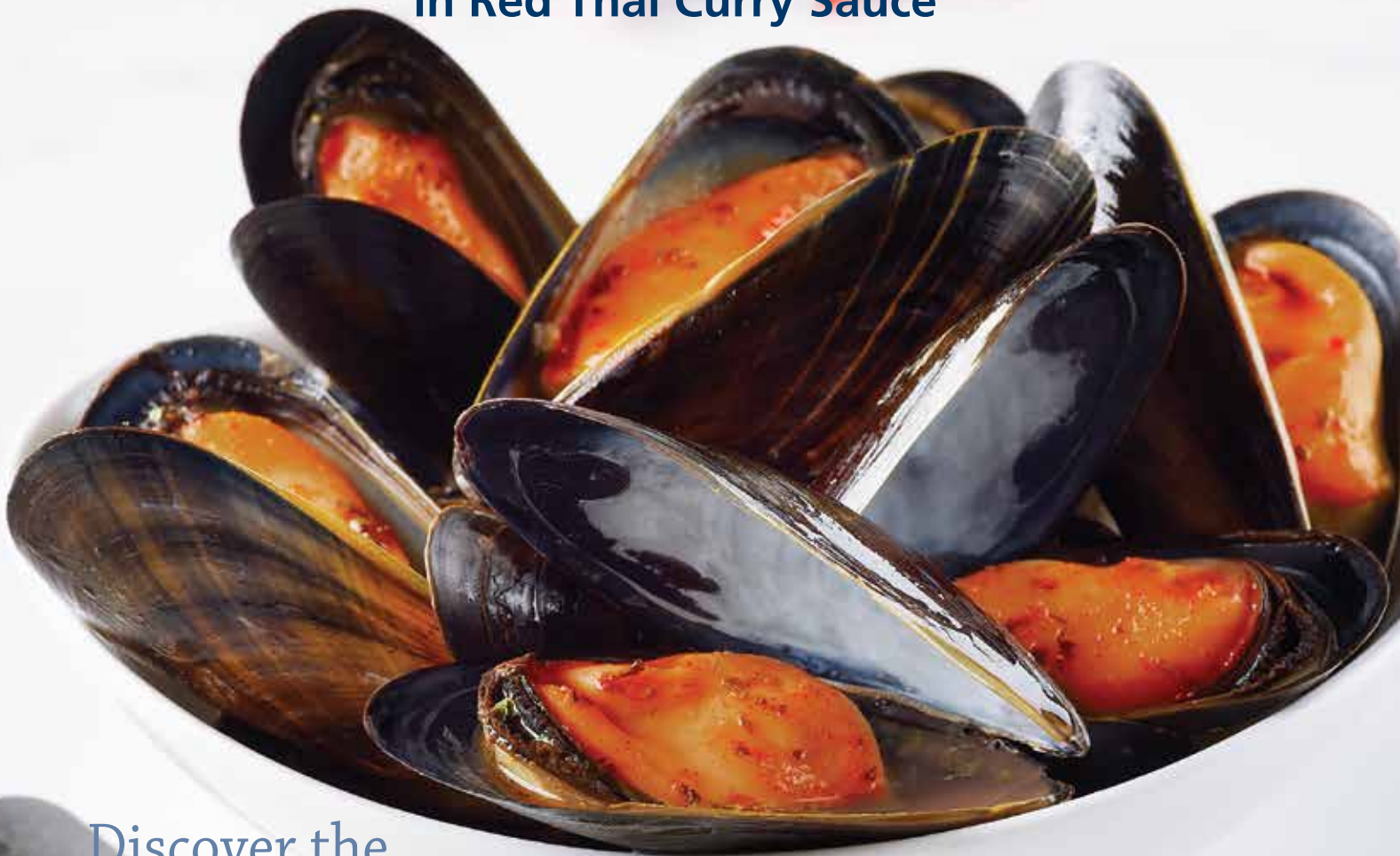




Whole Cooked All Natural

# PEI MUSSELS

in Red Thai Curry Sauce



Discover the  
**Island Blue<sup>®</sup>**  
Difference!





## Whole Cooked All Natural PEI MUSSELS in Red Thai Curry Sauce

Discover the  
**Island Blue®**  
Difference!

Turn up the heat – Asian style with plump and tasty Island Blue® Mussels in our exotic red curry sauce. If you haven't experienced the magic of red curry, then you're in for a spicy treat! You'll love the distinctive notes of curry infused with chili, cayenne, and just a hint of ginger.

### Specifications

<b>SIZE</b>	1lb (454g)	<b>SPECIES</b>	Mytilus Edulis
<b>MASTER</b>	10/1lb (10/454g)	<b>UPC</b>	7 7769600144 3
<b>GROSS WT</b>	12lb (5.45kg)	<b>CASE</b>	13" x 8.25" x 11"
<b>NET WT</b>	10lb (4.54kg)	<b>DIMENSIONS</b>	33cm x 21cm x 28cm
<b>COUNTRY OF ORIGIN</b>	Canada		
<b>METHOD OF PRODUCTION</b>	Rope-grown		

### RE-HEATING OPTIONS:

- Boil-in-bag
- Microwave
- Sauce Pan

Retail  
Package



### Nutrition Facts Valeur nutritive

Per 1 package (454g/211g edible portion)  
par 1 paquet (454g/211g de portion comestible)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 270	
<b>Fat / Lipides</b> 4.5 g	<b>7 %</b>
Saturated / saturés 1 g	<b>5 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 85 mg	
<b>Sodium / Sodium</b> 1070 mg	<b>45 %</b>
<b>Carbohydrates / Glucides</b> 29 g	<b>10 %</b>
Fiber / Fibres 2 g	<b>8 %</b>
Sugars / Sucres 18 g	
<b>Protein / Protéines</b> 27 g	
Vitamin A / Vitamine A	25 %
Vitamin C / Vitamine C	15 %
Calcium / Calcium	20 %
Iron / Fer	25 %

**INGREDIENTS:** Mussels (Farm Raised), sauce (water, whey powder, skim milk powder, cornstarch, dried cane syrup, spice, paprika, sea salt, flavour, dehydrated red bell pepper, guar gum, dehydrated garlic, mustard, salt).  
**CONTAINS:** Mussels, milk, mustard.

**INGRÉDIENTS :** Moules (produit d'aquaculture), sauce (eau, lactosérum en poudre, lait écrémé en poudre, amidon de maïs, sirop de sucre de canne desséché, épice, paprika, sel de mer, arôme, piment rouge déshydraté, gomme de guar, ail déshydraté, moutarde, sel).

**CONTIENT :** Moules, lait, moutarde.