



Whole Cooked All Natural  
**PEI MUSSELS**  
in Garlic Butter Sauce



Discover the  
**Island Blue<sup>®</sup>**  
Difference!





## Whole Cooked All Natural PEI MUSSELS in Garlic Butter Sauce

Discover the  
**Island Blue®**  
Difference!

Tender Island Blue® Mussels get the creamy real butter treatment, with just the right amount of garlic. Our secret is the extra creamy sauce, which provides the perfect complement to the delicate flavor of our famous Prince Edward Island mussels.

### Specifications

<b>SIZE</b>	1lb (454g)	<b>SPECIES</b>	Mytilus Edulis
<b>MASTER</b>	10/1lb (10/454g)	<b>UPC</b>	777696001221
<b>GROSS WT</b>	12lb (5.45kg)	<b>CASE</b>	13" x 8.25" x 11"
<b>NET WT</b>	10lb (4.54kg)	<b>DIMENSIONS</b>	33cm x 21cm x 28cm
<b>COUNTRY OF ORIGIN</b>	Canada		
<b>METHOD OF PRODUCTION</b>	Rope-grown		

#### RE-HEATING OPTIONS:

- Boil-in-bag
- Microwave
- Sauce Pan

Retail  
Package



### Nutrition Facts

Serving Size 1 package (454g/211g edible portion)  
Servings Per Container 1

#### Amount Per Serving

<b>Calories</b>	280	Calories from Fat	40
<b>% Daily Value *</b>			
<b>Total Fat</b>	4.5g		7%
Saturated Fat	1.5g		7%
Trans Fat	0g		
<b>Cholesterol</b>	85mg		28%
<b>Sodium</b>	1250mg		52%
<b>Total Carbohydrates</b>	29g		10%
Dietary Fiber	1g		4%
Sugars	8g		
<b>Protein</b>	28g		

Vitamin A 8% • Vitamin C 15%  
Calcium 25% • Iron 20%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

**INGREDIENTS:** Mussels (Farm Raised), sauce [water, nonfat dry milk, natural flavor (with butter), cornstarch, dried cane syrup, garlic powder, sea salt, spice, guar gum, onion powder, dehydrated chives, oleoresin turmeric].  
**CONTAINS:** Milk.